

Table 1

COURSE LEVEL	DAY	STARTING	TIME	NO	PRICE	FINAL CLASS	TUTOR	ROOM
PILATES Advanced Mat	MON	13/5/24	09.30-10.25	5	45	17/6/24	Sarah Watkins	Zoom
PILATES Beginner Reform	MON	13/5/24	10:00-10:50	5	85	17/6/24	Veronica Yeates	Reformer Studio
PILATES Gentle Mat	MON	13/5/24	10.45-11.40	5	45	17/6/24	Sarah Watkins	In Studio
PILATES Reformer Int	MON	13/5/24	11.00-11.50	5	85	17/6/24	Veronica Yeates	Reformer Studio
PILATES Int Mat	MON	13/5/24	12.00-12.55	5	45	17/6/24	Veronica Yeates	Reformer Studio
SMFR	MON	13/5/24	17.50-18.45	5	45	17/6/24	Veronica Yeates	In Studio
PILATES Int Mat	MON	13/5/24	19.00-19.55	5	45	17/6/24	Veronica Yeates	In Studio
PILATES Reformer Int	TUES	14/5/24	09.30-10.20	6	102	18/6/24	Veronica Yeates	Reformer Studio
PILATES Reformer Int	TUES	14/5/24	10.30-11.20	6	102	18/6/24	Veronica Yeates	Reformer Studio
PILATES Int Mat	TUES	14/5/24	11.45 - 12.40	6	54	18/6/24	Amanda Smith	In Studio
HIIT	TUES	14/5/24	17.30-18.00	6	36	18/6/24	Veronica Yeates	In Studio
PILATES Reformer Int	TUES	14/5/24	17.30-18.20	6	102	18/6/24	Meg Bourne	Reformer Studio
PILATES Advanced Mat	TUES	14/5/24	18.10 - 19.05	6	54	18/6/24	Veronica Yeates	In Studio
PILATES Reformer Int	TUES	14/5/24	18.30-19.20	6	102	18/6/24	Meg Bourne	Reformer Studio
YOGA Classical Hatha	TUES	14/5/24	19.15 - 8.45	6	66	18/6/24	Veronica Yeates	1:1 Room (Max 5)
PILATES Beginners Mat	TUES	14/5/24	19.30 - 20.25	6	54	18/6/24	Amanda Smith	In Studio
PILATES Int Mat	WED	15/5/24	09.30-10.25	6	54	19/6/24	Veronica Yeates	In Studio
PILATES Mat & SMFR	WED	15/5/24	10.35-11.30	6	54	19/6/24	Veronica Yeates	In Studio
PILATES Beginners Mat	WED	15/5/24	11.45-12.40	6	54	19/6/24	Amanda Smith	In Studio
PILATES Jumpboard Ref	WED	15/5/24	11.45 - 12.20	6	60	19/6/24	Veronica Yeates	Reformer Studio
PILATES Int Mat	WED	15/5/24	17.10-18.05	6	54	19/6/24	Sarah Watkins	Zoom
PILATES Int Mat	WED	15/5/24	18.00-18.55	6	54	19/6/24	Amanda Smith	In Studio
PILATES Reformer Int	WED	15/5/24	18.15-19.05	6	102	19/6/24	Sarah Watkins	Reformer Studio
PILATES Beginners Mat	WED	15/5/24	19.05 - 20.00	6	54	19/6/24	Amanda Smith	In Studio
HIIT	THURS	16/5/24	08.30-09.00	6	36	20/6/24	Veronica Yeates	In Studio
PILATES Reformer Int	THURS	16/5/24	9.15 - 10.05	6	102	20/6/24	Veronica Yeates	Reformer Studio
PILATES Gentle & Beg Mat	THURS	16/5/24	09.30-10.25	6	54	20/6/24	Amanda Smith	Zoom only
YOGA Classical Hatha	THURS	16/5/24	10.15 - 11.45	6	66	20/6/24	Veronica Yeates	In Studio
SMFR / YIN YOGA	THURS	16/5/24	17.50-18.45	6	54	20/6/24	Veronica Yeates	In Studio
PILATES Reformer Adv	THURS	16/5/24	18.00 - 18.50	6	102	20/6/24	Janine David	Reformer Studio
PILATES Beginner Reformer	THURS	16/5/24	19.00 - 19.50	6	102	20/6/24	Janine David	Reformer Studio
PILATES Int/Adv Mat	THURS	16/5/24	19.00-19.55	6	54	20/6/24	Veronica Yeates	In Studio
PILATES Reformer Adv	FRI	17/5/24	09.30-10.20	6	102	21/6/24	Veronica Yeates	Reformer Studio
PILATES Beginner Reform	FRI	17/5/24	10.30-11.20	6	102	21/6/24	Janine David	Reformer Studio
SMFR / YIN YOGA	FRI	17/5/24	10.30 - 11.25	6	54	21/6/24	Veronica Yeates	In Studio

NOTES	OUR NOTES
Bank Holiday 27/05/24	
Bank Holiday 27/05/24	
Bank Holiday 27/05/24	
Bank Holiday 27/05/24	
Bank Holiday 27/05/24	
Bank Holiday 27/05/24	
Bank Holiday 27/05/24	
	Cover needed 4 & 11/6
	Cover needed 4 & 11/6
	VJY to cover 29/05/24
	VJY to cover 29/05/24
	Cover needed 30/5
	Cover needed 30/5
	Cover needed 31/5