

PHYSIOTHERAPY: Virtual appointment £45

Virtual Follow up £40

Initial Assessment £48

Follow up £40

45 minutes £48

1 hour £60

Home Visit: £70

Womens Health £70

Pilates 1:1 1 hour £60

45 minutes £48

PHYSIO with Practice Principal – Pip Deave Initial Assessment £55

Follow up £45

Pilates 1:1 (1 hour) £70

Pilates 1:1 (45 mins) £55

MASSAGE: Hayley Lloyd 1 hour £40

½ hour £25

Sports Massage 1 hour £45

Sports Massage ½ hour £27

Hot Stones 1 hour £55

Hot Stones ½ hour £30

ACUPUNCTURE: Helen Hayes New patient £60 Follow up £45

COUNSELLING: Caroline Vieira £48

ALLERGY & NUTRITION: Claire Hoare First Appointment (2 hours) £85

2nd appointment (1.5 hours) £68

Follow up appointments (45 mins) £48

PILATES & YOGA CLASSES: If paid by term in advance, price per class £7

CANCELLATION: Less than 24 hours notice £20

No show Full fee

Local Sports Clubs**:**

We have special arrangements with some local sports clubs offering a discounted rate**.**

Please ask.